



SERENE

ADAM'S VEGAN PANCAKES



Ingredients

Water
Orange zest
Flour (any kind is fine)
Cinnamon
Dates or ripe bananas (to sweeten)

Recipe

1. Mix the flour & water together until you have the requested thickness
2. Add a bit of orange zest, cinnamon and sweetener of choice to your personal liking
3. Let sit for about 15 minutes
4. Bake your pancakes and stack them
5. Top off with homemade date jam, orange jam, fruits, nuts...

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