



SERENE

## GET TO KNOW THE MEANING OF YOUR COLOR



YELLOW  
& IVORY

**HERBS USED\*:**

Turmeric  
Wild turmeric  
Pomegranate  
Fenugreek  
Nalpamaradi  
thailam

**PROPERTIES:**

Anti-bacterial  
& good for  
skin-disorders



RED, PINK  
& PURPLE

**HERBS USED\*:**

Manjishta  
Red sandal  
Sappan wood  
Dinesavaliadi  
thailam

**PROPERTIES:**

Good for skin  
conditions



OLIVE  
& GREEN

**HERBS USED\*:**

Tulsi  
Neem  
Wild turmeric  
Triphala  
Karpooradi  
thailam

**PROPERTIES:**

Wellness  
& immunity



BLUE

**HERBS USED\*:**

Indigo  
Indukantham  
kazhayam  
Karpooradi  
thailam

**PROPERTIES:**

Detox



GREY

**HERBS USED\*:**

Vetiver  
Arjuna  
Triphala  
Chandanadi  
thailam

**PROPERTIES:**

Wellness  
& anti-stress



BROWN

**HERBS USED\*:**

Catechu wood  
Triphala  
Aloe Vera  
Costus  
Balathailam

**PROPERTIES:**

Wellness &  
good for  
rheumatic  
conditions

\*different mix creates a different color scheme